

# **SAMPLE Salad Bar Savvy POSTER**

# SCHOOL: Graham Bruce Elementary School, Vancouver, BC

## Wash your hands

with soap and water or use hand sanitizer.

# Be quick.

Pick up food with the tongs or spoons provided. Only use the spoons or tongs in the food that they are meant for.

Eat from your plate only after you have finished serving yourself and are sitting at your table.

#### Reduce waste!

Take only what you think you can eat.

Only your arm and hand should go under the sneeze guard and only when you are serving yourself.

## Share!

There are people behind you that would also like to taste all the items offered. Take only what you can eat and try many items, not just your favourite!
Put your plates/ forks and any leftover food on your plates in the compost bins (starting November).

