











# FARM to SCHOOL DIG IN!

## Welcome to “Tools From the Shed”.

























This disc contains many practical hands on tools to promote, plan, implement, and evaluate your Farm to School program. Samples and/or templates of favourite tools created and tested by Farm to School enthusiasts throughout British Columbia may be found here. Whether you are a teacher, a meal coordinator, an administrator, or a farmer, seeking a checklist, lesson plan or recipe, you will find a tool or two in this collection to make Farm to School programming easier. Templates are provided so that you may print and use “as is”. Samples are provided to stir up your creative juices when you need to create a tool that works in your unique situation. Links to additional tools and key Farm to School sites are also provided. *Tools From the Shed* was designed to accompany *A New Crunch in School Lunch: BC’s Farm to School Guide, 2nd Edition*.

**To use these resources**    click the green XLS, blue DOC, or red PDF buttons below to open the resource files directly off the CD. Alternatively, you can simply open the files directly from the CD.

### 1. For All

- A.   Seven Great Farm to School LINKS
- B. **Food Safety**
  - i.   Farm to School Kitchen GUIDELINES
  - ii.   Food Safety and Sanitation Plan TEMPLATE
  - iii.   Sample Food Safety CHECKLIST
- C. **Preservation**
  - i.  BCFPA-PPP-Facilitators-Manual-2011-06
  - ii.  Pickling as Food Preservation
- D. **Promoting Your Farm to School Program**
  - i.   Sample Farm to School Promotional POSTER
  - ii.   Sample Salad Bar Savvy POSTER


### 2. For Coordinators

- A.   Farm to School Agreement TEMPLATE
- B.   Purchase Order TEMPLATE
- C.   Sample Call for Expression of Farmers Interest FORM
- D.   Sample Farmers Contact LIST
- E.   Sample know your farmer know your food POSTER
- F.   Sample Salad Bar Day CHECKLIST
- G.   Sample Salad Bar Food Inventory FORM (Nanaimo)
- H.   Sample Salad Bar Savvy POSTER
- I.   What’s in Season
- J. **Revenue/Costs**
  - i.   Farm to School Progress Report TEMPLATE
  - ii.   Sample Local Food Purchase Tracking FORM
- K. **Salad Bar Diagram/Equipment**
  - i.   Salad Bar DIAGRAM








### 3. For Farmers

- A.   A Farmer’s Guide to Hosting Farm Visits
- B.   Farm to School Agreement TEMPLATE
- C.   Know your Farmer Know Your Food Poster TEMPLATE
- D.   Purchase Order TEMPLATE
- E.   Sample Call for Expression of Farmers Interest FORM





### 4. For First Nations Communities

- A.  BC First Nation Community Nutrition Needs & Assets SURVEY
- B.  Farm to Cafeteria Initiatives - Connections with the Tribal Food Sovereignty Movement
- C.  Healthy Food Guidelines for First Nations Communities
- D.  Traditional Food Facts Sheets

### 5. For Schools

- A.  2010 Food GUIDELINES
- B.   Action Plan TEMPLATE
- C.   Sample Job DESCRIPTIONS
- D.   Sample Parent LETTER

### 6. For Teachers

- A.   Curriculum LINKS for Teachers
- B.  Sample School Garden POLICY - VSB
- C.  School Year Gardens - A Toolkit

*Tools From The Shed* has been published by the Public Health Association of BC with funding provided by the Produce Availability Initiative, a 3 year initiative (2009-2012) led by the Ministry of Health in partnership with the BC Ministry of Agriculture and the Heart and Stroke Foundation of Canada to improve the year round availability and quality of produce in remote communities.