



## **What's In Season**

### ***"To Everything There Is A Season"***

From - BC Association of Farmers Market

<http://www.bcfarmersmarket.org/inseason.htm>

### **What's in season in October?**

Apples, Beans, Beets, Blackberries, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celery, Chives, Cilantro, Corn, Cranberries, Garlic, Kale, Lettuce, Leeks, Onions (sweet), Onions (cooking), Pears, Peppers, Potatoes, Pumpkins, Radishes, Rosemary, Sage, Salad Greens, Swiss Chard, Tomatoes, Thyme, Turnips, Winter Squash.

### **What's in season in November?**

Apples, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Garlic, Leeks, Onions (cooking), Pears, Rosemary, Sage, Thyme, Turnips, Winter Squash.

### **What's in season in December?**

Apples, Brussels Sprouts, Cabbage, Garlic, Pears, Rosemary, Sage, Turnips, Winter Squash.

### **What's in season in January?**

Apples, Cabbage, Pears, Rosemary, Sage, Turnips, Winter Squash.

### **What's in season in February?**

Apples, Cabbage, Pears, Rosemary, Sage, Turnips.

### **What's in season in March?**

Apples, Pears, Rosemary, Sage.

### **What's in season in April?**

Apples, Asparagus, Chives, Pears, Rhubarb, Rosemary, Sage, Spinach.



### **What's in season in May?**

Apples, Asparagus, Chives, Fiddleheads, Radish, Rhubarb, Rosemary, Sage, Spinach, Turnips.

### **What's in season in June?**

Apples, Cauliflower, Cherries, Chinese Vegetables, Chives, Cilantro, Lettuce, Peas, Potatoes, Radish, Rhubarb, Rosemary, Sage, Salad Greens, Spinach, Strawberries, Thyme, Turnips.

### **What's in season in July?**

Apricots, Basil, Beans, Beets, Blueberries, Broccoli, Cabbage, Carrots, Cauliflower, Celery, Cherries, Chinese Vegetables, Chives, Cilantro, Cucumbers, Kale, Lettuce, Peas, Peppers, Potatoes, Radish, Raspberries, Rhubarb, Rosemary, Sage, Salad Greens, Spinach, Strawberries, Summer Squash, Swiss Chard, Tomatoes, Thyme, Turnips.

### **What's in season in August?**

Apples, Apricots, Basil, Beans, Beets, Blackberries, Blueberries, Broccoli, Cabbage, Carrots, Cauliflower, Celery, Chinese Vegetables, Chives, Cilantro, Corn, Cucumbers, Currants, Garlic, Kale, Lettuce, Melons, Onions (sweet), Peaches, Pears, Peppers, Plums, Potatoes, Radish, Raspberries, Rosemary, Sage, Salad Greens, Shallots, Spinach, Strawberries, Summer Squash, Swiss Chard, Tomatoes, Thyme, Turnips.

### **What's in season in September?**

Apples, Basil, Beans, Beets, Blackberries, Blueberries, Broccoli, Cabbage, Carrots, Cauliflower, Celery, Chinese Vegetables, Chives, Cilantro, Corn, Cucumbers, Currants, Garlic, Kale, Lettuce, Leeks, Melons, Onions (sweet), Onions (cooking), Pears, Peppers, Plums, Potatoes, Pumpkins, Radish, Raspberries, Rosemary, Sage, Salad Greens, Shallots, Spinach, Strawberries, Swiss Chard, Tomatoes, Thyme, Turnips, Winter Squash.



## ***Product***

## ***Season***

APPLES	AUGUST - JUNE
APRICOTS	JULY - AUGUST
ASPARAGUS	APRIL - MAY
BASIL	JULY - SEPTEMBER
BEANS	JULY - OCTOBER
BEETS	JULY - OCTOBER
BLACKBERRIES	AUGUST - OCTOBER
BLUEBERRIES	JULY - SEPTEMBER
BROCCOLI	JULY - OCTOBER
BRUSSELS SPROUTS	OCTOBER - DECEMBER
CABBAGE	JULY - FEBRUARY
CARROTS	JULY - NOVEMBER
CAULIFLOWER	JUNE - NOVEMBER
CELERY	JULY - OCTOBER
CHERRIES	JUNE - JULY
CHINESE VEGETABLES	JUNE - SEPTEMBER
CHIVES	APRIL - OCTOBER
CILANTRO	JUNE - OCTOBER
CORN	AUGUST - OCTOBER
CRANBERRIES	OCTOBER
CUCUMBERS	JULY - SEPTEMBER
CURRANTS	AUGUST - SEPTEMBER
FIDDLEHEADS	MAY
GARLIC	AUGUST - DECEMBER
KALE	JULY - OCTOBER
LETTUCE	JUNE - OCTOBER
LEEKs	SEPTEMBER - NOVEMBER
MELONS	AUGUST - SEPTEMBER
ONIONS (SWEET)	AUGUST - OCTOBER
ONIONS (COOKING)	SEPTEMBER - NOVEMBER
PEACHES	AUGUST
PEARS	AUGUST - APRIL



PEAS	JUNE - JULY
PEPPERS	JULY - OCTOBER
PLUMS	AUGUST - SEPTEMBER
POTATOES	JUNE - OCTOBER
PUMPKINS	SEPTEMBER - OCTOBER
RADISH	MAY - OCTOBER
RASPBERRIES	JULY - SEPTEMBER
RHUBARB	APRIL - JULY
ROSEMARY	YEAR ROUND
SAGE	YEAR ROUND
SALAD GREENS	JUNE - OCTOBER
SHALLOTS	AUGUST - SEPTEMBER
SPINACH	APRIL - SEPTEMBER
STRAWBERRIES	JUNE - SEPTEMBER
SUMMER SQUASH	JULY - AUGUST
SWISS CHARD	JULY - OCTOBER
TOMATOES	JULY - OCTOBER
THYME	JUNE - NOVEMBER
TURNIPS	MAY - FEBRUARY
WINTER SQUASH	MID SEPTEMBER - DECEMBER